

Savernake Class

Term 1 2021 Homework

EQ: Feeling safe

Definition: Safe can be **defined** as free from harm or hurt. So, '**feeling safe**' means you do not anticipate either harm or hurt, emotionally or physically.
(Fosteringperspectives.org)

Task 1	Can you draw some pictures or write about what you have done over the Summer. Ask an adult to help you if you find it tricky. Please bring it in to school to share with your classmates - we would love to see what you lovely things you did.
---------------	---

Task 2	Tell us all about yourself - create a poster about you, the people and pets that you live with and the thing that you enjoy doing. You could draw these, cut out pictures from a catalogue or magazine, use photos. We look forward to seeing them.
---------------	---

Task 3	<p>Create a glitter jar as a strategy to regulate your feelings</p> <p>You will need:</p> <ul style="list-style-type: none">• A jar or plastic bottle• A jug of warm water• 60ml glitter glue• 3 drops of gel food colouring• 60g-80g glitter <p>Instructions:</p> <ol style="list-style-type: none">1) Add warm water to your jar or bottle (make sure an adult helps you with this). Pour the water until it reaches around a third of the way up.2) Add the glitter glue. Squeeze in your chosen glitter glue and stir until it has combined with the water.3) Add around 3 drops of food colour and stir. You can add more or less depending on your preferred shade, but remember not to add too much or the mixture will become very dark and it will become hard to see the glitter.4) Pour in the glitter. Again, you can use more or less than suggested, or go for a mix of chunky and fine glitter to give more texture to your jar. Stir well until combined with the existing mixture.5) Top up your jar with the rest of the warm water. Pour in the water until it is almost full. Leave a little gap at the top of the jar to allow the mixture to move. Then secure the lid.
---------------	---

Task 4	For Geography we are going to be learning about the environment around our school. As many of you don't live near the school, it would be really good for you to explore your own local environment. With an adult, go for a walk around your local area and take photos of some key features eg shops, church, park, school. Please could you either bring the photos in or ask your adult to email them to me: sbradley@nyland-pri.swindon.sch.uk
---------------	--

Task 5 EQ task	Feeling safe means being safe from harm and it happens in and out of school. With an adult to help you, can you make a list of safe behaviours in school and at home?
---	--

Reading	Try to read to an adult for at least 5-10 minutes a day. You could read lots of different things eg a newspaper, a recipe, a book from the library etc Record the reading in your yellow reading record book
----------------	---