

Class

Term 1 2021 Homework

EQ: Feeling safe

Definition: **Safe** can be **defined** as free from harm or hurt. So, **feeling safe** means you do not anticipate either harm or hurt, emotionally or physically.
(Fosteringperspectives.org)

<u>Task 1</u>	
<u>Task 2</u>	
<u>Task 3</u>	
<u>Task 4</u>	
<u>Task 5</u> EQ task	
<u>Reading</u>	Try to read to an adult for at least 5-10 minutes a day. Record the reading in your reading record book