

# Stonehenge Class

## Term 1 2021 Homework

EQ: Feeling safe

Definition: **Safe** can be **defined** as free from harm or hurt. So, **feeling safe** means you do not anticipate either harm or hurt, emotionally or physically.  
(Fosteringperspectives.org)

<b><u>Task 1</u></b>	Can you write a diary entry telling us about your summer? You can add pictures if you'd like
----------------------	--

<b><u>Task 2</u></b>	Teach the teacher - create a poster about a subject you love (e.g. books, video games). Add as much information as you can remember so your teacher can learn something new!
----------------------	--

<b><u>Task 3</u></b>	<p>Create a glitter jar as a strategy to regulate your feelings</p> <p>You will need:</p> <ul style="list-style-type: none"><li>• A jar or plastic bottle</li><li>• A jug of warm water</li><li>• 60ml glitter glue</li><li>• 3 drops of gel food colouring</li><li>• 60g-80g glitter</li></ul> <p>Instructions:</p> <p>1) Add warm water to your jar or bottle Pour the water until it reaches around a third of the way up.</p> <p>2) Add the glitter glue Squeeze in your chosen glitter glue and stir until it has combined with the water.</p> <p>3) Add around 3 drops of food colour and stir You can add more or less depending on your preferred shade, but remember not to add too much or the mixture will become very dark and it will become hard to see the glitter.</p> <p>4) Pour in the glitter Again, you can use more or less than suggested, or go for a mix of chunky and fine glitter to give more texture to your jar. Stir well until combined with the existing mixture.</p> <p>5) Top up your jar with the rest of the warm water Pour in the water until it is almost full. Leave a little gap at the top of the jar to allow the mixture to move. Then secure the lid.</p>
----------------------	--

<b><u>Task 4</u></b>	For Art we will learn about painters. Can you research online (remember your SMART rules!) facts and famous paintings by Vincent Van Gogh?
----------------------	--

---

<b><u>Task 5</u></b> <b>EQ task</b>	Feeling safe means being safe from harm and it happens in and out of school. Can you make a list of safe behaviours in school and at home?
--	---

<b><u>Reading</u></b>	Try to read to an adult for at least 5-10 minutes a day. Record the reading in your reading record book
-----------------------	--