



Stonehenge Class

Term 5 2021 Homework




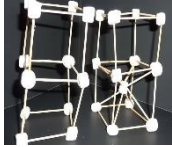
Japan


EQ: Self regulation


Definition: **Self-regulation** is the ability to understand and manage your behaviour and your reactions to feelings and things happening around you.

(Raising children.net)

<u>Task 1</u>	Create a fact file about Japan. Find out information about the country, food, places to visit, customs	
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<u>Task 2</u>	 Japan is located in an area where there are earthquakes and tsunamis. Design and build a 'building' that would be earthquake proof.
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<u>Task 3</u>	 dragon	Japanese writing uses symbols and is thought to be one of the most complicated in the world. Find out 2 facts about Japanese writing. Can you find out how to write your name in Japanese? (Try Google translate)
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<u>Task 4</u>	Japan is a world leader in technology, including designing and building robots. Design your own robot and describe how it works and what it does.	
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<u>Task 5</u> EQ task	Our EQ focus is Self-regulation Self-regulation is the ability to understand and manage your behaviour and your reactions to feelings and things happening around you. Play games where you have to use self-regulation: 'Jenga' 'Simon Says' 'Bop-it' Think about what you can do to self-regulate when you play a game. How can you control your emotions, behaviour and thoughts, especially when the game becomes tricky.
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<u>Reading</u>	Try to read to an adult for at least 5-10 minutes a day. Record the reading in your reading record book
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