



PE and Sports Funding: 2021-22

The PE and sport premium is designed to help primary schools improve the quality of the PE and sport activities they offer their pupils. Nyland Campus has been given £16000 for this academic year.

We plan to use the money in the following way:

1. To sustain our yoga time at alternate weeks to continue to work with staff and pupils to develop basic yoga and breathing techniques with their classes in order to continue to enhance calming and self-regulating techniques, preparing the body for learning through physical awareness and relaxation
2. To have 2 swimming slots a year all year to ensure pupils can swim
3. To develop our playground facilities to further engage children in physical activity during non-structured time.
4. To renew and improve equipment to support pupils within their lessons and to make good progress.

Item Breakdown of Spending

Item	Breakdown of spending	Costs	Balance
Swimming	2 sessions a week for 6 terms	£1000 pool hire	£1000
Primary PE Planning membership	1 payment each year	£120	£120
Yoga teacher	16 days of 6 sessions at	£40/session x 16 = £3840	£3840+£240 = £4080
Updating the playground	Making the playground more engaging (outside gym, stencils etc)	£4000	
Updating PE equipment	Gymnastics equipment Netball etc	£7000	
Total			£ 16, 120

Impact of spending from 2020 – 2021

Nyland is committed to providing a high quality, broad and balanced curriculum. We have used much of this extra government funding to provide wider curricula opportunities for our children.

The children have enjoyed participating regularly in the following as a result of this funding:

- Specific training has given a variety of different sporting opportunities to the children at Nyland. This has supported the children's healthier lifestyle, increase their readiness to learn. Pupils have been keen to take part in PE lessons.
- All pupils have benefitted from 2 terms of swimming sessions and as a result several pupils who could not swim, now can and those who could have developed their skills.
- 2 members of staff renewed their water awareness/waterways and waterway safety membership in order to be able to take pupils out on a lake to develop EQ skills such as resilience, risk within safety, confidence and managing relationships in real life situations. Pupils EQ scores have increased and all engaged well and enjoyed these experiences
- Pupils have enjoyed going to the lake and using the kayaks to develop EQ skills.
- A variety of sporting equipment was purchased to ensure pupils were able to engage in a wider of P.E. and so increase their interest in and enjoyment for sport. This included resourcing a full gym for the school.
- The outdoor areas in school were enhanced the skills of managing relations, self-regulation and empathy. Children have enjoyed using the outdoors to play active games.
- The increased yoga time has supported pupils to think about other ways to self-regulate when they are unsettled and has also supported keeping fit and flexible.
- Outward bound days have included forest school activities and learning which supports pupils to learn through the environment in active ways which they respond more positively to than in a classroom. Pupils practiced and developed their EQ skills and understanding through activities that were physically challenging rather than academically challenging and this supported them in classroom based learning too
- Pupils took part in sporting experiences across the academic year which has given them a wider experience in sport and allowed them opportunities to take part in and find out about sport they may enjoy throughout their lives to increase sporting participation of the children