

CHALLENGING PERCEPTIONS

Try these alternative words and expectations.

Instead of _____ - _____ think about...

Behaviour management - anxiety/stress reduction

Defiance - developmental vulnerability

Unacceptable behaviour – a vulnerable child, an unmet need, a communication

Attention seeking – an unmet need for an appropriate, supportive relationship

What's wrong with you? – what happened to you?

Expecting the child to respond to external controls – help them to develop internal control

Instead of demanding empathy from the child – support them in developing self-awareness

Won't do it - Can't do it yet

Should do it - Would do it if they could – I need to teach them how

Doing - Being (try to create pauses during the day)

Treat/reward time - Sensory regulation/calming time

Attainment - Effort

Disrespect - expression of fear, insecurity or shame

Behaviour - response to emotional experience

Behaviour support - understanding, tolerance, empathy, meeting needs, teaching skills

References: Attachment Aware School Series. Louise Michelle Bomber. 2016. Worth Publishing.

Louise Bomber. Attachment Lead training.

Settling to Learn, Louise Bomber and Dan Hughes, Worth, 2013

The Philadelphia ACE Taskforce Toolkit,

<http://www.philadelphiaaces.org/resources/toolkitincorporating-trauma-informed-practice-acesprofessional-curricula>